



"exceptional and comprehensive behavioral healthcare"

Annual Report

July 1, 2011 through June 30, 2012



Caring professionals and volunteers
celebrating over 50 years of advancing recovery from
mental illness and addiction.

(800) 539-4228

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www.SMAbehavioral.org



Andrew Gurtis

From Chairman, Andrew Gurtis: The daily work of SMA in treating mental health and substance abuse issues is crucial. The services we provide in our area are an integral part of the community's safety net.

As my two-year term as Chairman ends, it is heartening to look back at what's occurred since 2010. Here's the prose version of a "word cloud" from two years of notes – Reality House, Vince Carter Sanctuary, BEACH House, outpatient detox, Managing Entity, DCF, DOC, DJJ, FACT team, Florida legislature, Medicare, Medicaid, Pharmacy, Putnam/St. Johns Behavioral Healthcare, FQHC, strategic planning, suicidologist, Enrichment Program, healthcare reform, FADAA, AHCA, Pine Grove, Oaks, RAP, Blodgett House, Project WARM, Florida Council on Community Mental Health, Quality Assurance, Foundation, grant writing, virtual reality treatment for PTSD, Willis campus – the acronyms alone will make your head swim. These words represent successes, challenges or just the daily routine of SMA's mission to provide quality services to people in need.

At the heart of SMA and its programs are its people – staff, volunteers, supporters and clients. Day in and day out, these dedicated people work to help others and improve our community. It is an honor to be affiliated with such great people.

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ON THE COVER: (top) Triage in Crisis Services; Vince Carter Sanctuary Residential Program; Cantley Outpatient Center; (center) Board and Staff during Strategic Planning; Virtual Reality Lab; United Way's Positive Picketing; BEACH House 5K Logo; (bottom) Customer Service Representative in Physician Services/Willis Ave. Volunteer Appreciation Night; Access Center

From Chief Executive Officer, Chet Bell: In early 2012 SMA expanded its operations to Putnam and St. Johns counties. Through the asset purchase of Putnam/St. Johns Behavioral Health we added two new sites and more than 60 staff. We now have additional crisis and residential capacity at our Palatka clinic. In both Palatka and St. Augustine we offer outpatient substance abuse and mental health counseling services to both adults and children.



Chet Bell

As the 2012-13 year begins, SMA is the largest of more than 50 behavioral health providers in Florida's Northeast Region that contract to provide services through a "managing entity." The managing entity model will develop a regional system of behavioral healthcare by assuring that providers work together to ensure timely admission to services anywhere in the region. For example, when our crisis stabilization unit in Daytona Beach is at full capacity we will identify a bed in Jacksonville or Gainesville to immediately refer.

Also during the coming year we will be building additional facilities for Project WARM to meet the challenge of prescription drug abuse and the danger presented to the unborn babies and young children of addicted mothers.

From all of the staff at SMA, thank you for taking the time to read our annual report.

Please partner with us in fulfilling our Vision of ***a community where addiction and mental illness are treated promptly, comprehensively and with respect for all.*** Let's put an end to stigma and focus on improving the behavioral health of our region!

Mission

The mission of Stewart-Marchman-Act Behavioral Healthcare is to deliver exceptional and comprehensive behavioral healthcare to individuals and families in our community.

Values

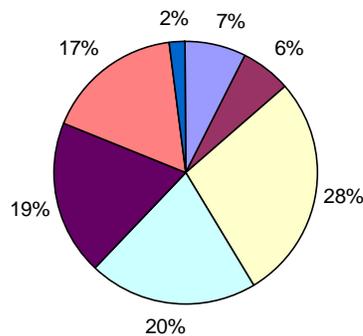
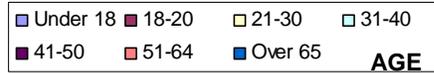
- Service** - To elevate services to others above self-interest.
- Integrity** - To act in a professional, responsible, and trustworthy manner at all times.
- Excellence** - To strive for continuous quality and performance improvement.



Clients Served

Over 21,000 clients were served during the fiscal year. Of those, 52% are male and 48% female. Of these, 80% are Caucasian, 12% Black/African-American, 5% Hispanic/Latino and 3% includes multi-racial, American Indian or Alaskan Native, and Asian or Pacific Islander.

Most frequently occurring client diagnoses:	
Depressive Disorder	8%
Opioid Dependence	6%
Mood Disorder	6%
Bipolar Disorder	5%
Opioid Abuse	5%
Cannabis Abuse	4%
Attn-Deficit/Hyperactivity Dsrd	3%
Psychotic Disorder	3%
Schizoaffective Disorder	3%
Alcohol Abuse	3%



Evidenced Based Practices Used in Treatment

Stewart-Marchman-Act Behavioral Healthcare recognizes that many individuals seeking behavioral health services have significant histories of co-occurring disorders. These include substance abuse, mental health issues, criminal justice involvement and chronic health conditions. To address these conditions, SMA uses practices that have been proven effective through research. The following is a partial listing of the evidenced based practices used by SMA to assure individuals receive the most effective interventions.

Evidenced Based Approaches Utilized in SMA Programming

- MI-MET – Motivational Interviewing-Motivational Enhancement Therapy
- MRT – Moral Reconciliation Therapy
- CBT – Cognitive Behavioral Therapy
- Matrix Model – Social and Life Skills Building
- DBT-Dialectical Behavior Therapy
- PACT – Programs of Assertive Community Treatment
- CCISC- Comprehensive Continuous Integrated System of Care
- Seeking Safety – Attainment of safety from trauma, PTSD and substance abuse
- Solution Focused Brief Therapy
- Systemic Family Therapy

Client Outcomes

The Comprehensive Community Support Teams civil and forensic programs served an average caseload of 6213 clients during the fiscal year 2011-2012. Less than three (3%) percent of these clients required psychiatric hospitalization during the fiscal year.

89% of clients contacted post discharge from Project WARM have retained custody of their children.

SMA mental health programs for Fiscal Year 2011-2012 averaged an 87% overall client satisfaction rating of good or excellent.

94% of all FACT Clients remained out of hospitals or other acute care settings.

Drug Court saw an 84% successful completion rate during FY 2011-12.

ADI (Anti-Drug Initiative) successful completion rate for the FY was 95%

Client Success Stories

"I was homeless before I entered the Mental Health Jail Diversion (MHJD) program in 2009, I had serious anger issues and was in and out of jail. I have been in the same residence since entering the program and I take my medications, and have better coping skills."

"I want to thank you from the heart for never giving up on me... you never lost faith in my recovery." (written to the RAP Program Director)

In August 2011, the Florida Council for Community Mental Health announced that a painting created by a member of our FACT Team ("W") was selected to be presented as a legislative award. A print of the painting was presented to Senate President Mike Haridopolos during a luncheon at the FCCMH/FADAA Annual Conference.

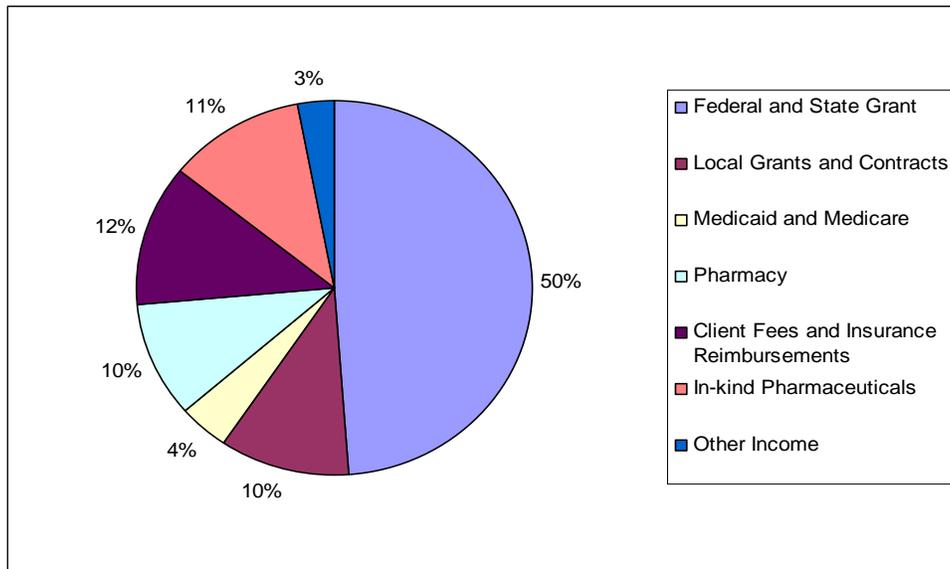


Here's the back story: W says he was born an artist. In the sixth grade he won several contests and even had a sculpture entered in the Florida State competition. After his symptoms presented in his early to late teens he struggled with his artistic abilities. He stopped painting. Since his admission to the FACT team and the new medication Dr. Czaykowski prescribed, his mind became clear and his creative juices started flowing. He decided to paint a picture for Nikki George in the FACT Team, using the photograph he had taken of what he describes as the most peaceful and serene place he had ever been.



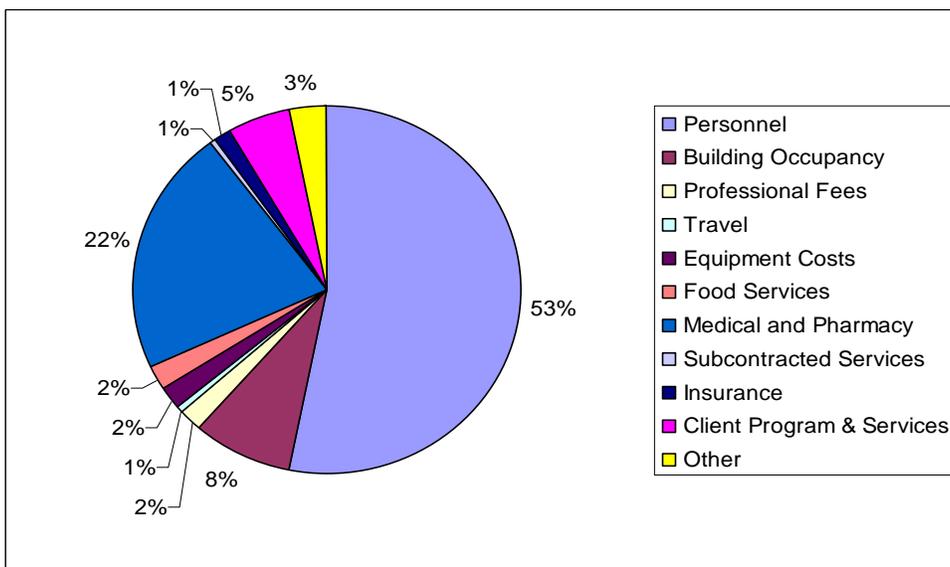
Revenues FY 2011-2012

Total revenues were \$ 44,288,666.



Expenditures FY 2011-2012

Total expenditures were \$ 44,682,015.



Access to Services

SMA's Access Center, (800) 539-4228, provides a 24/7 central point of entry and intake and is staffed with first contact specialists who can handle crisis calls as well as a wide range of information and referral services. The Access Center follows the AIRS (Alliance of Information and Referral Services) Model and is accredited by the American Association of Suicidology. **During FY 2011-12, the Access Center answered 50,353 calls.**

Prevention Services

The **East Central Florida Keep Kids Drug Free Regional Prevention Center (KKDF RPC)** supplies and disseminates free material to the community on prevention of and dangers of drug and alcohol addiction. KKDF RPC prevention strategies include informing and coordinating through community based processes the identification of risk and protective factors, referral, promotion of alternative activities, networking relapse prevention and recovery programs, implementation of evidenced based programs for adolescents and adults, training and equipping community leaders in substance use prevention and suicide prevention, and educational activities and opportunities for youth. The program is a leader in coordinating National Recovery Month activities in our community each September. The KKDF RPC is funded by the KKDF specialty license tag which can be purchased at all Florida State Tag Offices. **During 2011-12 (February—February) the Florida KKDF Prevention Center Statewide Network reports over 320,000 individuals impacted statewide (nearly 74,000 of those in Daytona Beach) through the dissemination of materials. There were 6,395 KKDF specialty license plates sold in 2011.**



The mobile **Prevention on the Move (POM)** program brings services to communities where individuals might otherwise not be able to access services. POM's 37-foot RV travels throughout the community providing HIV "rapid test" and hepatitis screening and testing, and linkages to care for participants who test positive for HIV or hepatitis, or who have other unmet needs. Other prevention activities include information and referral, i.e. providing information regarding immunizations and food stamps. The POM team also participates throughout the year in health fairs, resource fairs and other events promoting awareness in our communities about the importance of healthy lifestyles and regular testing. **During FY 2011-12 the POM program had contact with more than 34,057 people and provided HIV screening to 878 people.**





The **Women's Intervention Specialist (WIS)** provides services to pregnant and postpartum women with children aged newborn to three with barriers in receiving treatment services they need. The WIS helps bridge the gap between clients and the services they need. The WIS works with the pregnant and or post partum client by connecting her to the services she needs to begin again and maintain a healthy drug-free lifestyle. Some of the services offered and/or provided are Healthy Start screening, home visits, linkage to services, and continued support. Linkage to community services includes, but is not limited to, referral to **Healthy Start** and/or **Healthy Families**, two voluntary, free programs, for parents expecting a baby or with a newborn. Healthy Start and Healthy Families educate parents about prenatal care, immunizations, nutrition, and well-baby care, mental health, housing, assistance, day care assistance, HIV testing, and career development. **During FY 2011-12, Healthy Start conducted 1,237 initial assessments and provided care coordination to 1,766 participants.**

Outpatient Services

The **Anti-Drug Initiative (ADI)**, Level I Program is a web based diversion program for non violent, first and second time drug offenders and is offered to drug possession arrestees with no prior felony convictions. ADI consists of an on-line intake session followed by 6 on-line sessions that are monitored by professionally qualified program staff. Participants are also required to provide urine specimens that are randomly scheduled. The on-line program is accessible 24 hours, 7 days a week, allowing participants to complete the sessions at their convenience. Successful completion of the program results in "no filing" of the referring charge by the State Attorney's Office. **During FY 2011-12, ADI provided brief intervention to 871 adult clients.**



The **Comprehensive Community Support Team (CCST)** program, comprised of teams in Bunnell, Daytona Beach, DeLand, New Smyrna Beach, Palatka and St. Augustine, provide medical and clinical support services to

individuals with severe and persistent mental illness and co-occurring disorders. Goals include lessening or eliminating the symptoms of mental illness and rebuilding a person's skills to facilitate recovery and reconnection to the community. The teams are comprised of psychiatrists, advanced registered nurse practitioners, nurses, therapists, case managers, a life skills coach and a team leader. Services include psychiatric evaluation, treatment planning, medication management, nursing services, therapy, and case management. **During FY 2011-12 SMA served 6,961 clients in Physician Services and our CCS Teams served 3,046 clients.**

The **Forensic Comprehensive Community Support Team (FCCST)** provides forensic services to persons with severe and persistent mental illness in Volusia & Flagler Counties who have criminal charges. Forensic CCS team services include jail diversion, jail screening, and case management for persons being released from prison or deemed to be Incompetent to Proceed or Not Guilty by Reason of Insanity. **During FY 2011-12, the Forensic CCS team screened 446 clients in jail, diverted 54 clients from jail, conducted 25 Judicial Screening Assessments, provided 108 clients with forensic case management and managed 140 clients in re-entry.**

The **Enrichment Program**, in Daytona Beach, and its sister program, **Step-Up** in Palm Coast, provide psychosocial rehabilitation activities for adults with disabilities in a group setting. These services are designed to help participants to live and work more fully in the community and increase the quality of their lives. The groups offered by the Enrichment and Step-Up Programs target increasing independent living, social and/or employment skills and include pre-vocational training, money management skills, social skills, community training, coping skills training, Job Club, basic math, basic reading, as well as group and individual therapy. The **Supported Employment Program** provides assistance to individuals desiring competitive employment in the community. These services include screening and job matching, job development, job placement, on-site training assistance, and life-long follow-along services to help the individual maintain employment. **During FY 2011-12, more than 590 individuals received services in our Enrichment and Step-Up, and Supported Employment programs.**



Enrichment, through its pre-vocational training group, offers assistance to companies with light manufacturing, assembling, and packaging of products. Enrichment also manufactures their own line of products which are available for sale through the program and include crab traps, safety glasses and goggles, ear plugs, office wall clocks, dust mops and jumper cables. **During FY 2011-12 the program had sales of \$415,323, employing 242 clients.**

Enrichment Industries is a **Service Contract Program**, which consists of janitorial and lawn care service contracts that are negotiated with the public and private sector. The goal is to provide employment for individuals with disabling conditions at minimum wage or better. The Service Contract Program maintains a 75% or better ratio of work being completed by individuals with a disabling condition at all contract sites. **During FY 2011-12 the program had 12 contract sites in 5 counties totaling \$2.5 million in revenues and employing 120 individuals.**





The **Mental Health Jail Diversion** program is an intensive program designed for individuals who have been diagnosed with a severe and persistent mental illness and who have multiple hospitalizations and criminal justice involvement. Medication management and case management services, as well as nursing services and life skills counseling, are provided to Flagler County residents with a past history of inpatient treatment and current legal problems. **During FY 2011-12, MHJD served 31 individuals. Since its inception in 2009, pre and post participation arrests, emergency room visits and hospital admissions among MHJD clients have all been reduced by 80% or more.**



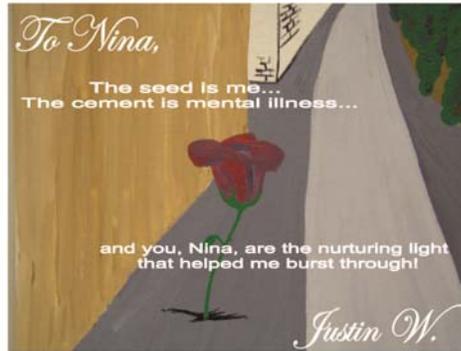
SMA provides **Adult Outpatient Substance Abuse Counseling** including an enhanced outpatient treatment program for individuals participating in the DUI, adult and family dependency drug courts in Volusia, Flagler and Putnam counties. Services provide individual sessions, weekly groups and monthly treatment plan reviews. Family participation in treatment is encouraged, and family educational and counseling services are provided to support the family in the recovery process. Outpatient services allow the individual to remain active with work, family, and the community. **During FY 2011-12, SMA served 2,130 adult clients in its outpatient substance abuse counseling programs.**

Adolescent Outpatient Substance Abuse Counseling services are provided at five locations by master level, licensed and/or certified professionals. Outpatient services include individual therapy with family involvement with options to include group therapy and other research based approaches to effect a positive change in the client. Treatment is specifically directed toward repairing disrupted relationships, reducing impulsivity, developing social and life skills, and providing treatment interventions for the youth to remain substance free. **During FY 2011-12, SMA served 1,345 adolescents in outpatient services.**

SMA's **Pharmacy** provides our clients with quick and easy access to medications prescribed by our psychiatrists, physicians, and nurse practitioners. The Pharmacy underwent substantial renovation this year, improving its efficiency with state of the art equipment and a professional environment. Our **Patient Assistance Specialists** help clients access new atypical anti-psychotic medications that they otherwise could not afford. **During FY 2011-2012, SMA's Pharmacy filled 61,890 prescriptions, over 7,000 more than the previous year.**



The **Florida Assertive Community Treatment (FACT) program** provides comprehensive, community based services to 100 individuals who have severe and persistent mental illness, have had multiple psychiatric hospitalizations, and who have not been able to live successfully in the community on their own. The team delivers a wide scope of services and provides crisis assessment and intervention 24 hours a day every day of the year to these individuals. **At least 75% of all services**



provided to FACT clients, are provided within the community. Earlier this year, the program also began their pilot wellness program where a group of clients are utilizing the Halifax Wellness Center.

Family Intervention Services (FIS) works with families who are involved in the child welfare system who are experiencing substance abuse / mental health problems and who are at risk of losing their children. Family Intervention Specialists assess and link clients to treatment/services such as the SMA Family Intervention Treatment program, and provide case management services until the client is engaged in services. FIS staff members provide interventions in the home and in the community. **During FY 2011-12, FIS served 259 individuals.**

Child and adolescent targeted case management (TCM) services are provided in Putnam and St. Johns Counties to assist the individual and their family in gaining access to needed medical, social, educational, and other related services. The goal of TCM is to promote independent functioning through coordination of the provision of quality treatment and support services. The TCM provides linkage between the client's home, school, and treatment environment to avoid out of home placement and promote independent functioning. **During FY 2011-2012, there were 47 TCM clients served.**

Community/Court Liaison (Outreach) Services- Outreach workers in Volusia, Putnam, and St. Johns counties assure that assessments and recommendations are accurately reported to the courts as well as act as a liaison for the courts and other referral sources to help offenders access treatment services within SMA.

The **SMA Jail Treatment Team at the Volusia County Department of Corrections** provides mental health screening, psychiatric services, crisis intervention, and discharge planning to inmates at the Volusia County Branch Jail and the Volusia County Correctional Facility. **During FY 2011-12, the program provided mental health services to an average of 440 inmates per month and provided psychiatric medication to an average of 184 inmates monthly.**



Residential Services

Project WARM (Women Assisting Recovering Mothers) is a 16-bed long-term residential treatment program providing services for pregnant and post-partum women and their children ages 5 and under. The program is co-occurring capable and is able to offer psychiatric evaluation, counseling interventions, and management of psychotropic medication. **During FY 2011-12, Project WARM served 68 women and 90 children. A total of 16 drug free babies were born at Project WARM during the year.**



The **Volusia Adult Residential Treatment (ART) program** serves substance dependent adults. This 20-bed co-ed program is co-occurring capable. In addition to individual, group and family counseling for addictions, it provides as needed psychiatric evaluation and management of psychotropic medication. **In FY 2011-12, ART served 92 individuals.**

The **Putnam Adult Residential Treatment program** is a short-term intensive program designed to provide clients with the tools necessary to begin and maintain their recovery. The program philosophy is to create an atmosphere of safety and care, and to promote the stability of daily living in recovery through therapeutic interaction. Co-occurring capable, the program offers as needed psychiatric evaluation and the management of psychotropic medications. **Since services began under SMA in February 2012, 38 clients were served in the Putnam residential program.**



Reality House is a 117 bed, adult male residential program, contracted through the Florida Department of Corrections. This facility provides a 9 to 12 month residential substance abuse treatment program and a Work Release Program. It is the only therapeutic community of its

kind in Florida offered to inmates outside the walls of a prison. Milieu therapy and social learning theory provide the foundation for the recovery process. Services include drug screening, individual and group counseling, family education, recreation, spiritual services, self help groups, anger management, communication skills, daily living skills, domestic violence groups, family dynamics group, and outside referrals as needed. **During FY 2011-12, a total of 199 clients were served at Reality House. Also during the FY, the program successfully began providing food service to most of SMA's residential programs through its Culinary Arts Program.**

The **CCI Re-entry Program**, located within the Florida Department of Corrections' Columbia Correctional Institution in Lake City, Florida, consists of two components: substance abuse treatment; and job readiness/skills training. The program is designed to provide therapeutic services to inmates and operates in a modified Therapeutic Community setting with all inmate activities included in the daily schedule. Services are provided for a minimum of 9 months, with 6 to 12 months enrolled in the treatment program followed by at least 3 months in reintegration preparatory activities, which may include work release where appropriate. **During FY 2011-12, the CCI program served 298 clients.**

BEACH House is a shelter that provides short-term respite for youth ages 10 to 17. These youth are truant, ungovernable or runaway/homeless. Referrals come from our **CINS/FINS Service Manager**, CINS/FINS (Children In Need of Services/Families In Need of Services) court, Safe Place sites, law enforcement, and parents. We provide youth in our care with shelter, meals, individual and group counseling, educational groups, and family therapy. Our goal is family reunification and assisting the family in building communication skills and relationships. Program staff also promote awareness activities related to youth at risk in our community. **During FY 2011-12 BEACH House programs served 479 youth and their families.**



The **Residential Adolescent Program (RAP)** is a 24 bed facility serving substance dependent youth ages 12-18, utilizing individual, group, and family interventions. The average length of stay is 4 months. Dialectical Behavioral Therapy is the foundation for the clinical program. The proven principles of AA/NA are important ingredients in treatment along with positive peer culture, reality therapy, outdoor therapeutic model, experiential learning theory, and behavior modification systems. Education services are provided by Volusia County Schools. The program is co-occurring capable, staffed by licensed and certified therapists, nurses, and youth specialists. **During FY 2011-12, the RAP program served 80 youth and their families.**

SMA's **Supportive Housing Program** provides a safe, sober, and supportive living environment for persons who are homeless. It specifically targets the chronically addicted, often dually diagnosed and residing in emergency shelters, transitional housing, or treatment programs. Permanent housing models are currently in use for Homeless Persons with Disabilities in five locations. With SMA Supportive Housing residences continuously at capacity, a referral network has been developed with for-profit sober houses in the community to try to address the housing needs of clients leaving SMA's Detox and ART (Adult Residential Treatment) programs/services. **Currently SMA houses 16 residents, including 6 children.**



The Vince Carter Sanctuary

The **Vince Carter Sanctuary (VCS)** provides state of the art behavioral health programs for those in need of treatment interventions for addiction and/or mental health issues.

The Sanctuary provides a full continuum of care as described below.

Vince Carter Sanctuary Residential Treatment Program

- The Sanctuary residential treatment program opened on July 20, 2009. The typical stay ranges from 30 to 90 days with individualized treatment plans directed toward on-going recovery from addiction. Services include continued physician and nursing monitoring, and counseling



interventions including individual and group therapy, family therapy, didactic, recovery oriented educational sessions, participation in 12-Step meetings of Alcoholics and Narcotics Anonymous, and recreational/activity therapy. The program also includes family education and therapy as recommended. **During FY 2011-212, VCS built a new 7,000 square foot activities building with funds raised by the SMA Foundation.**

Partial Hospital Program – This is a step-down program which gives the Patient less structure while continuing the construction of a solid platform of recovery. The patient receives a full program of therapy, didactic and experiential sessions in keeping with the continuum and the treatment plan. This program provides the movement of a patient from a more structured program of residential services into the outpatient community.



Intensive Outpatient Therapy was created to respond to the growing epidemic of prescription medication abuse and addiction. This program focuses on individual needs, offering medically managed addiction support, individual and group therapy, and education geared toward beginning and sustaining recovery.

During FY 2011-12 VCS programs served 220 clients in residential, 64 clients in intensive outpatient, 39 clients in partial hospitalization, and 28 clients in their day program.

Crisis Services

SMA's Crisis Services provide 24-hour emergency screening and admission to mental health crisis stabilization, drug abuse detoxification and/or referral to other services. Our crisis services are the central point for screening, referral and placement of involuntary clients under the Baker Act and Marchman Act. A court liaison provides assistance to families filing Marchman Act petitions for involuntary assessment or treatment. **In FY 2011-12, 5,162 screenings were conducted.**

The Volusia County Crisis Stabilization Unit (CSU) and Detoxification (Detox) Services are licensed for 30 beds and 19 beds respectively. Our average length of stay in these units is 3 days for CSU and 5 days for Detox. Individuals receive medication appropriate to their presenting problems, individual and group counseling, and discharge planning toward the next appropriate level of care. Individuals can be safely medically detoxified from alcohol, opiates, prescription medications, and other physically addicting drugs. Registered nurses and behavioral health techs are on duty 24 hours a day, 7 days a week as is a Physician and/or Advanced Registered Nurse Practitioner to direct treatment. **During FY 2011-12, 1,192 individuals were treated in our detox unit and 1,007 individuals were treated in our CSU.**



The Putnam Detoxification Unit is a licensed 8-bed facility, serving the needs of Putnam and St. Johns counties. Individuals receive medications appropriate for their presenting problems, group and individual counseling and discharge planning. Alcohol and prescription drug abuse accounts for the majority of all admissions. The unit is staffed with 24-hours per day nursing care (Registered, and Licensed Practical Nurses), and is supervised by a Director of Nursing who is a licensed ARNP. **Since February 2012, when these serves came under SMA's menu of services, 173 clients were served in the Putnam Detox Unit.**

The Flagler Detoxification Treatment – The Vince Carter Sanctuary (VCS) offers a fee-for-service and insurance-based inpatient detoxification program to meet the needs of those who require an inpatient stay including medication, 24 hour nursing staff, and individual and group counseling. The detoxification facility has 10 beds and the patient's stay ranges from several days to one week. Following detoxification, referral to VCS residential treatment, outpatient therapy, or another appropriate setting is made. **During FY 2011-12, the VCS detox program served 294 clients.**



Community Outreach & Education

SMA is one of the community partners that make **Crisis Intervention Training (CIT)** possible, along with NAMI of Volusia/Flagler County and the Volusia and Flagler County Sheriffs' Departments. The CIT program is a community effort designed to improve the skills of law enforcement to mental health emergencies with goals of assuring safety, understanding, and service to the mentally ill and their families. **To date this program has trained more than 834 first responders in Volusia and Flagler Counties.**



Mental Health First Aid is a 12-hour training certification course which teaches participants a five-step action plan to assess a situation, select and implement interventions and secure appropriate care for the individual. It introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews common treatments. **This program has trained more than 175 community members since its May 25, 2011, inaugural class.**

SMA offers Botvin **LifeSkills Training (LST)**, a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. The program provides adolescents and teens with the confidence and skills necessary to successfully handle challenging situations.

Our **Family Education** Program, utilizing the evidence based Family Unit Matrix model, provides 12 educational sessions for family members. The family education program describes how addiction impacts the entire family and offers assistance. The goal is to provide information and guidance to families struggling to cope with the family impact of addictive disease.

SMA is working in partnership with Daytona State College's Project Speak to provide **Gate Keeper Suicide Prevention Training**. This evidence based suicide prevention training provides education in recognizing warning signs, understanding of decreasing risk factors and increasing protective factors of a suicidal person, and teaches how to intervene when coming into contact with a suicidal person. The training also includes some post-vention education for survivors (family members) of suicide, along with community support resources.



SMA Volunteer Program

SMA provides opportunities to volunteer, intern, or volunteer in groups in almost all of our programs. We have 44 registered volunteers, 47 interns, a large number of anonymous individuals from the recovery community, and 18 groups who donate their time, talent, and treasure to better our programming for SMA clients every year. **During FY 2011-12, volunteers donated over 31,000 hours, which translates to \$585,000 of in-kind match.**

SMA Staff In Our Community

SMA staff, Board members, and volunteers strive to collaborate with the community to rid the area of stigma and raise awareness related to addiction and mental illness as well as to advocate for the needs of our clients and community. The following is just a small sample of these activities:

SMA's Staff Personnel Committee promotes events such as the **Breast Cancer Awareness Walk** in Daytona Beach each October and the **Mutt Strutt**, which supports the Halifax Humane Society. Staff raised over \$1,000 in support of the Breast Cancer Walk and \$220 toward the Mutt Strutt.



During Mental Health Month each October, staff and clients alike support **Mental Health America's Walk for Dignity**.

SMA's BEACH House Runaway Shelter promotes Runaway Prevention Month each November through its **BEACH House 5K Run for Runaways**. In 2011 there were 75 runners, 41 sponsors and the event raised an estimated \$7,000 toward summer activities and supplies, as well as gifts for youth housed in shelter over the holidays.

The KKDF Regional Prevention Center Director, Victoria Kress, plays an integral part in the coordination of **National Recovery Month** Events. Partners include local churches, faith-based groups, recovery support groups, and other community agencies and companies. In September 2011, an estimated 1000 individuals came out to "Celebrate Recovery".

SMA Employee, Mary Flynn Boener, volunteers to host the weekly **United Way Hour** on Goliath Radio - am 1380 where United Way organization and community services are highlighted.

SMA employees support **United Way Volusia/Flagler** each year during its annual fundraising campaign. During FY 2011-2012, SMA staff donations totaled \$12,149.



The Stewart-Marchman-Act Foundation focuses on building the resources to compliment the programs of Stewart-Marchman-Act Behavioral Healthcare, conducting research, advocacy and community education.

This past year, the Foundation has been busy in advancing recovery and resiliency through advocacy, education, and various fundraising efforts to increase community awareness and reduce the stigma of addiction and mental illnesses.

Achievements over the past year include:

In November 2011, the Foundation held its inaugural **Jay's Hope Fund** event. Floral arrangements were sold to raise money to support individuals and families affected by mental illness. Just over \$9,800 was successfully raised in their first year.



Hank & Susan Ashby delivering arrangements

In April 2012, in celebration of Earth Day, Vann Data and A-1 Assets conducted the **5th Annual Vann Data Computer Recycling Event**. This year, the event pulled a record of 26,846 pounds in recycled electronics with 100% of the proceeds going to the Foundation.



Senator Evelyn Lynn

In June 2012, the Foundation held its **14th Annual Dinner and Gala** honoring State Senator Evelyn Lynn. Senator Lynn has been a long time supporter of behavioral healthcare in our state and recently played an integral part in securing a \$2 Million allocation in State funds for construction of a new WARM facility and another \$1 Million annually for operations. The dinner raised over \$100,000.

Also in June 2012, the Foundation completed the Vince Carter Sanctuary Campus with the addition of a 7,000+ square foot activity building. The new building houses offices, group therapy space, a hobby room, and is highlighted by a 3,000 square foot multi-purpose area.

Starting in its 15th year, the Stewart-Marchman-Act Foundation is launching **“CARE (Concept Action Rebuild Expand) for WARM (Women Assisting Recovering Mothers)”** a Capital Campaign to build a new facility for SMA's Project WARM.

The Foundation has an annual operating budget of \$319,973 and assets just over \$9 million. Assets include equipment, property and buildings utilized by SMA including the Vince Carter Sanctuary in Bunnell, the Four Townes Care Center in DeBary, the Foundation office on Loomis, and the Cantley Outpatient Center in Daytona Beach.

Stewart-Marchman-Act Foundation 2012-2013 Board of Directors

Chairman:	David Remy	Debra Berner Jimmy Foster James France Maureen France
Vice Chairman:	Jon Greaves	Julie Giese Tony Grippa
Secretary:	Melissa Murphy	Andrew Gurtis Frank Heckman
Treasurer:	Lonnie Brown	Peter Heebner Larry Kelly
Immediate Past Chair:	David Perryman	Julian Lopez, Jr. Richard Roberts
Founder and Director Emeritus:	James H. Foster	Jill Simpkins John Tanner Bob Wheeler Ryan Will

“It is gratifying to me watching the success the Foundation has made year by year. This year we’re focusing on refining our strategic plan to reflect today’s reality in philanthropic giving. Our volunteer Board of Directors has used its vast knowledge and experience to develop a strategic plan that will position the Foundation for continued success. Thank you for your support of the Foundation and the people that we serve.” ~
David Remy, Chairman Stewart-Marchman-Act Foundation





Stewart-Marchman-Act Behavioral Healthcare is an equal opportunity and drug-free workplace and prohibits discrimination in all programming and activities on the basis of race, color, sex, age, religion, national origin, marital status, disability, veteran's status, or other legally protected status.

If you are a person with a disability who needs any accommodation, you should contact the office of our ADA Coordinator who is physically located at 3875 Tiger Bay Road in Daytona Beach, Florida - 32124 or through the mail via 1220 Willis Avenue, Box 30, Daytona Beach, FL - 32114.

You can also call, fax or e-mail your needs via Phone - (386) 236-3112, Fax - (386) 236-3140 or Email ADACoordinator@SMAbehavioral.org

Locations

Vince Carter Sanctuary
 301 Justice Lane
 Bunnell, Florida 32110
800-478-0331
www.VinceCarterSanctuary.org

24 hour Access Center
 Call: 800-539-4228
 Fax: 386-236-3259

SMA Foundation Office
 214 Loomis Avenue
 Daytona Beach, Florida 32114
386-254-1136
www.s-mf.org

Stewart-Marchman-Act Behavioral Healthcare
 1220 Willis Avenue
 Daytona Beach, Florida 32114

E-mail:
access@SMAbehavioral.org
 Web Site:
www.SMAbehavioral.org

Darrell & Stevie Waltrip Residential Adolescent Program
 3875 Tiger Bay Road
 Daytona Beach, Florida 32124

Pinegrove
 1150 Red John Drive
 Daytona Beach, Florida 32124

Dr. Ernest Cantley Center
 702 S. Ridgewood Avenue
 Daytona Beach, Florida 32114

Project WARM
 129 Michigan Avenue
 Daytona Beach, Florida 32114

Enrichment Program
 200 Fentress Blvd., Suites C&D
 Daytona Beach, Florida 32114

DeBary Outpatient Care Center
 356 Englenook Drive
 DeBary, Florida 32713

BEACH House
 1004 Big Tree Road
 Daytona Beach, Florida 32119

Step-Up
 1 Corporate Drive, Building 3
 Palm Coast, Florida 32137

DeLand Counseling Center
 105 W. Calvin Street
 DeLand, Florida 32720

Reality House
 1341 Indian Lake Road
 Daytona Beach, Florida 32124

Putnam County Outpatient Care Center
 613 St. Johns Ave., #107
 Palatka, Florida 32177

Southeast Volusia Outpatient Care Center
 311 North Orange Street
 New Smyrna Beach, Florida 32168

Adult Residential Treatment
 3875 Tiger Bay Road
 Daytona Beach, Florida 32124

Putnam Outpatient, Detox and Residential
 330 Kay Larkin Dr.
 Palatka, FL 32177

St. Johns Outpatient Care Clinic
 1955 US 1 South, Suite C-2
 St. Augustine, FL 32086

SMA is CARF accredited.

SMA Programs are sponsored by SMA and the State of Florida Department of Children and Families.

SMA is also proud to partner with these additional funding sources.

