

Reality House

A Community Drug Treatment Program for Inmates



**Florida Department of
Corrections**

in partnership with

STEWART-MARCHMAN-ACT
BEHAVIORAL HEALTHCARE

"exceptional and comprehensive behavioral healthcare"

85 Bed Correctional Drug Treatment Program, 28 Bed Work Release Program



Inmates included in
Tomoka Correctional Institution's bed count

Eligibility for Reality House

- Determined by DOC
- Within approximately 28 months of release
- DOC Screened as in need of SA Treatment
- Work release eligible which includes
 - No escapes or attempts
 - No recent disciplinary reviews
 - Close review of any violent offenses

Reality House – Unique in Design and Mission

Offering security, treatment, and transition



Clinical Program Overview

- Nakken's Relationship Model
- 12 Step
- Jellinek Curve
- Moral Reconciliation Therapy

Phase 1

- Goal – Develop healthy relationship with a higher power
 - Didactic groups regarding disease model of addiction
 - Steps 1-3
 - 4-6 weeks duration
 - Introduction to Moral Reconciliation Therapy

The Therapeutic Community meets together every morning for positive affirmations.



Phase 2A

- Goal – Develop a healthy relationship with Self
 - Didactic Groups regarding Criminal Addictive Thinking Patterns
 - Begin Moral Reconciliation Therapy
 - Steps 4-7
 - 10-11 weeks duration

Group and Individual drug treatment,
AA/NA support occurs daily in each pod.



Phase 2B

- Goal – Develop a healthy relationship with family and friends
 - Didactic groups regarding developing relational skill sets and adjusting to family needs
 - Continue with Moral Reconciliation Therapy
 - Steps 8-12



Moral
Reconation
Therapy, an
evidence
based
practice, is
employed as
part of our
core CBT
curriculum.

Education & GED Services

- Less than 30% have Diploma or GED
- Volusia Literacy Council provides more than 120 tutoring hours per month
- Daytona State College provides Adult Basic Education classes onsite



Culinary
arts training
program
participants
prepare
meals for
Reality
House and
neighboring
residential
programs.

Culinary Arts includes both hands on
and classroom instruction.



Inmates leave with food prep certification that provides them a hiring “leg up”.



Phase 3/Work Release

- Goal – Develop healthy relationship with the community at large
 - Identification
 - Interacting in the community
 - Pre-release planning
 - Continue Group and individual substance abuse treatment and 12 step support
 - Continue Moral Reconciliation Therapy

Transition Services

- Work Release
 - 28 beds
 - 90% employment rate averaging \$8.18/hour
- Housing
 - Those without permanent housing linked to transitional housing when released
- Job Skills
 - Culinary arts – 4 certificate courses
- Community support



Corrections and accountability without walls – Reality House includes a focus on health and wellness.

Results

- 2 year recidivism rates are 11 percent
- 1 overnight “escape” in past year
- No inmate homeless at end of sentence, most placed in permanent housing

Reality House Benefits

- Public safety/corrections directed
- Drug treatment
- Educational and vocational development
- Transition/community engagement -
work release, job skills, job placement
- Less expensive than a prison bed
- Increased recovery outcomes
- Reduced recidivism outcomes

Q&A
