



If you have been struggling with chronic pain or dependence on prescription drugs, we can help you help yourself.

- Immediate Access to Care
- Board Certified Addictionologists
- Comprehensive Program
- Compassionate Staff
- Competitive/Affordable Prices
- Confidential
- Most Insurance Accepted (subject to individual plan limitations)

Inadequate pain relief persists as a major public health concern: 30-40% of the population suffers chronic pain and is at least partially disabling in 30% (Portenoy et al, J Pain, 2004).

"I am a professional who was addicted to prescription medication for more than four years. I didn't know where to turn. I heard about the Right Turn program, and it changed my life. I am now able to stay focused. I feel normal again. I don't know where I would be today if I hadn't found the Right Turn Program."

ACCESS CENTER
(800) 539-4228
24/7 SUICIDE HOTLINE &
Access to all services

Our Values
Service • Integrity • Excellence

Our Mission

Stewart-Marchman-Act Behavioral Healthcare exists to promote good mental health, to improve the quality of life of individuals and families affected by mental illness, substance abuse, addiction, and delinquency by providing superior prevention, intervention, crisis stabilization, education, and treatment services. The Agency offers these services to all persons, regardless of age, race, financial status, or other criteria at its facilities in northeast Florida.

Stewart-Marchman-Act Behavioral Healthcare complies with state and federal non-discrimination policies relating to race, creed, sex, age, and handicapping conditions. SMA is CARF accredited and a United Way agency.



1220 Willis Avenue
Daytona Beach, Florida 32114

RIGHT TURN



Make the Right Turn on the road back to wellness

ACCESS CENTER
(800) 539-4228

RightTurn@smabehavioral.org
www.smabehavioral.org



Right Turn



SMA developed the Right Turn program in response to the growing epidemic of prescription drug abuse and new insights into the interactions of addiction and pain management.

The clinical implications are the interface between pain and chemical dependency is clear. On one side, overestimation of the risk of addiction and confusion about physical dependence, psychological dependence, and tolerance often lead to under treatment. On the other, underestimation of addiction and the significance of these drugs in that disease have greatly increased the incidence of prescription drug abuse. A balanced treatment approach requires both rational pharmacology and the assessment and management of issues related to chemical dependency.

Right Turn uniquely combines these services allowing us to very efficiently identify, lessen, and treat the potential consequences of pain management. Chronic pain encompasses far more than just the physical symptoms. We address the psychological components, the often disrupted family dynamic, psychiatric co-morbidities, and encourage lifestyle modifications.

We offer a multimodal* approach to the medical management of chronic pain and substance use disorders.

- ◆ Medication Management Outpatient Detoxification
- ◆ Family/Individual Counseling
- ◆ Lifestyle Modification
- ◆ Cognitive, Behavioral, and Motivational Enhancement

* We do not offer interventional or invasive procedures at this time.

Pain Management

Efforts to encourage physicians to treat pain have been accompanied by growing prescription drug abuse. Opioid analgesics are the most common cause of unintentional fatal drug poisoning in the U.S.

Untreated pain is a major contributor to relapse and a barrier to the effective treatment of addiction.

Approximately one-third of addicts in treatment programs report chronic severe pain.



Right Turn adheres to all Federal regulations concerning client confidentiality. In addition, strict internal controls and policies are maintained concerning confidentiality. We simply cannot and will not disclose any information about your treatment without your prior written consent.

Every facet of Right Turn, from assessment to treatment, focuses on individual needs. A handful of dedicated professionals will be helping you through the recovery process from start to finish. Our providers have years of combined clinical experience and certification in the field of addiction medicine. Our physicians are fellowship-trained and board-certified by the American Society of Addiction Medicine.

Outpatient Detox

Growing numbers of people are recognizing that they have become dependent on prescription drugs. Many are placed on these medications without realizing how difficult and potentially dangerous it can be to stop. Not only are they scarred and without direction, they have no way of putting everything else on hold while they try. Outpatient detoxification is not only safe and comfortable, it is very convenient.

Medically Assisted Alcoholism Treatment

Right Turn offers medically-managed alcohol recovery for individuals who may be suffering mild to moderate Post-Acute Withdrawal (PAW) symptoms or for those with a history of relapse and continue to be at high risk for relapse. All medications are administered after a comprehensive history and physical is conducted. The medications, in combination with counseling and mutual support groups, help people to remain alcohol-free.

Smoking Cessation



Tobacco and nicotine products are more deadly and kill more people yearly than all other addictive drugs combined. Once the decision has been made to quit smoking, there are a number of medications that can be used to assist toward drug-free independence. The medications, combined with

counseling and support groups, greatly enhance motivation and desire toward abstinence and recovery.