



## Locations

CCST is available out of several offices in Volusia and Flagler Counties. The teams are available on an appointment basis:

Monday through Friday, 8 am to 5 pm.  
Call (800) 539-4228 for more information.

### Daytona

#### White Team

1220 Willis Avenue Building 8  
Daytona Beach, Florida 32114  
386-236-3200

#### Blue Team

1220 Willis Avenue Building 6  
Daytona Beach, Florida 32114  
386-236-3200

### Bunnell

#### Gold Team

301 Justice Lane  
Bunnell, Florida 32110  
386-236-1810

### New Smyrna Beach

#### Gold Team

311 North Orange Avenue  
New Smyrna Beach, Florida 32168  
386-254-1129

### DeLand/Deltona

#### Green Team

105 West Calvin Street  
DeLand, Florida 32720  
386-254-1100

### Mission

To deliver exceptional and comprehensive behavioral healthcare to individuals and families in our community.

### Vision

A community where addiction and mental illness are treated promptly, comprehensively, and with respect for all.

### Values

**Service · Integrity · Excellence**

Stewart-Marchman-Act Behavioral Healthcare is an equal opportunity and drug-free workplace and prohibits discrimination in all programming and activities on the basis of race, color, sex, age, religion, national origin, marital status, disability, veteran's status, or other legally protected status.

If you are a person with a disability who needs any accommodation, you should contact the office of our ADA Coordinator who is physically located at 3875 Tiger Bay Road in Daytona Beach, Florida - 32124 or through the mail via 1220 Willis Avenue, Box 30, Daytona Beach, FL - 32114.

You can also call, fax or e-mail your needs via  
Phone - (386) 236-3112, Fax - (386) 236-3140 or  
Email [ADACoordinator@SMAbehavioral.org](mailto:ADACoordinator@SMAbehavioral.org).

SMA is CARF accredited and proud to partner with:



# Comprehensive Community Support Teams

## CCST



**A team approach to managing  
mental illness through individual  
guidance and support.**

*Comprehensive Community Support Teams are  
sponsored by SMA and the  
State of Florida Department of Children and Families.*

**(800) 539 - 4228**

**[access@SMAbehavioral.org](mailto:access@SMAbehavioral.org)**

**[www.SMAbehavioral.org](http://www.SMAbehavioral.org)**



## Goals

- ◆ Restore a person's function and participation in the areas of living, learning, working, and socialization.
- ◆ Lessen or eliminate the debilitating symptoms of mental illness, minimize or prevent the recurrent acute episodes of the illness and promote recovery.
- ◆ Assist in rebuilding the person's skills in the areas of living, learning, working, and socialization to facilitate recovery and reconnection to the community.

Our goals are accomplished by focusing on the person's strengths and resources using a team approach to guide and support him or her with mental illness and co-occurring disorders including substance abuse. Services take place in either an outpatient or community setting. The CCST provides assistance in identifying goals and developing a recovery plan which promotes resiliency and recovery.

## Volunteer Opportunities

We welcome interns, peer mentors, and volunteers who want to be an integral part in the treatment process with CCST. Email: [volunteer@SMAbehavioral.org](mailto:volunteer@SMAbehavioral.org)

## Services Provided

Each team consists of a psychiatrist or ARNP, nurse, therapist, life skills coach, team leader, and support staff. The CCST provides the following services based on the person's needs and preferences in order to assist the person in reaching his/her goals:

### Psychiatrist/ARNP

- ◆ psychiatric evaluation
- ◆ treatment planning
- ◆ medication prescription and management
- ◆ monitoring for side effects and Tardive Dyskenesia (TD)
- ◆ crisis intervention

### Nurse

- ◆ Vital signs
- ◆ Monitor for side effects and Tardive Dyskenesia (TD)

### Therapist

- ◆ Brief therapy
- ◆ Group therapy

### Team Leader

- ◆ Manages the Team
- ◆ Provides direct service to meet the person's needs

### Life Skills Coach

- ◆ Support, skill-building and education for daily living, housing, and work.

## Pharmacy

The SMA pharmacy provides medications to clients who receive prescriptions through the SMA CCST psychiatric providers. The SMA Patient Assistance Specialist assists clients in obtaining anti-psychotic medications that they otherwise could not afford through the pharmaceutical companies' patient assistance programs. The pharmacy is located adjacent to the outpatient psychiatric services in Daytona at the 1220 Willis Avenue location. The medication is sent to our other psychiatric services sites in Deland, New Smyrna Beach, and Bunnell for our clients who see our psychiatric providers at those sites.



## Admission Criteria

- ◆ 18 years and older
- ◆ Resident of Volusia or Flagler counties
- ◆ Diagnosis of a major mental illness or co-occurring disorder with ongoing need for psychotropic medication
- ◆ History of hospitalizations for mental illness