



## There Is Help For Your Family

The state of Florida passed a law (chapter 984) that provides help to families and children who need services to improve the child's behavior, help the family to move beyond crisis and prevent further problems. The Florida Department of Juvenile Justice funds and supports these programs to keep kids out of serious trouble. BEACH House is also a partner of the Florida Network.



BEACH House  
1004 Big Tree Road  
South Daytona, Florida 32119  
(386) 236 - 3111

## BEACH House Annual 5K

BEACH House hosts an annual fundraiser, the 5K Run for Runaways, every November during National Runaway Prevention Month. This event raises both awareness in the community and additional funding to assist with programming in the shelter. Corporate, community and individual support of the 5K plays an integral part in the success of the program.

For more information, please visit the website:

[www.SMAbehavioral.org/5k.html](http://www.SMAbehavioral.org/5k.html)



### Our Values Service · Integrity · Excellence

#### Our Mission

To deliver exceptional and comprehensive behavioral healthcare to individuals and families in our community.

#### Our Vision

A community where addiction and mental illness are treated promptly, comprehensively, and with respect for all.

Stewart-Marchman-Act Behavioral Healthcare complies with state and federal non-discrimination policies relating to race, creed, sex, age, and handicapping conditions. SMA is CARF accredited and a United Way agency.

## BEACH House



Bringing Enrichment  
and  
Children Home

(800) 539 - 4228 (386) 236 - 3111

[access@SMAbehavioral.org](mailto:access@SMAbehavioral.org)

[www.SMAbehavioral.org](http://www.SMAbehavioral.org)

Exceptional and Comprehensive  
Access Center  
(800) 539-4228

[www.SMAbehavioral.org](http://www.SMAbehavioral.org)  
Behavioral Healthcare

SMA is CARF accredited and proud to partner with the following funding sources:





## Shelter

BEACH House shelter provides crisis shelter for youth ages 10 - 17 who display runaway, truant, and ungovernable behaviors. Families in conflict often need a break from each other. BEACH House provides a short time out period which gives families an opportunity to cool off so they can begin to work on the family issues. The aim is to enhance family communication skills and reunification. Services include shelter, food, clothing, individual and group counseling, life skills, education, and referral. Our emphasis is on teaching conflict resolution and enhancing decision making skills.



## CINS - FINS

Children In Need of Services  
Families In Need of Services

Services are provided on a non residential basis to youth ages 10 - 17 who are runaway, truant, or ungovernable. Youth and their families are linked to a service manager who does an assessment of the issues at hand, and works with the family to secure the best possible remedies. A plan is created that best fits the youth and family needs and goals. Services include case monitoring, crisis counseling, information, referral, and linkages to other services.



From crisis...



to recovery, BEACH House staff members work with each family toward success.

## Family Crisis

Sometimes one or more crises may be going on at the same time within families. Sometimes families are able to handle conflicts quickly. Other times those conflicts can push families to the limit.

Adolescent/Teenage years can be very stressful. Youth are striving to meet their developmental needs. As professionals, we provide youth and their families opportunities and supports necessary to choose socially acceptable resolutions to meet their needs.

Helping youth and families make choices, plan, and take responsibility are major steps in helping the family manage conflict. Promoting youth self awareness, self worth, and their personal development will further ensure the development of youth into successful adults.

It is our goal to keep the family unit together and enrich the lives of those we serve.

## Safe Place

BEACH House runaway and homeless shelter serves youth from all over the country. This is necessary because of the special transient population of Volusia and Flagler counties and the special events that draw youth to this area from all over the country. Any youth can walk into a business that displays the Safe Place sign to access immediate help. Safe Place involves the business community, youth service agencies and volunteers to make access to safety readily available. Safe Place sites, identified by the diamond shaped, yellow and black Safe Place sign, are conveniently located in areas where the need is greatest.



## Steps to Get Help

<b>CALL</b>	so a counselor can answer all of your questions.
<b>ANSWER</b>	the counselor's questions so we can get you the help you need.
<b>TELL</b>	your story so we can understand the situation.
<b>LISTEN</b>	to the suggestions and directions for getting help.
<b>ASK</b>	questions if you do not understand.
<b>FOLLOW UP</b>	by going to the program and making appointments and phone calls.
<b>CONTINUE</b>	to work with your program and school to improve the situation.